

COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF INDUSTRIAL ACCIDENTS

REVIEW CRITERIA
EFFECTIVE JULY 1, 1993

CRITERIA NUMBER 18 - LATERAL LIGAMENT ANKLE RECONSTRUCTION
FOR ACUTE ANKLE SPRAIN/STRAIN INVERSION INJURY

I. Narrative Description:

A. Lateral Ligament Ankle Reconstruction

II. History/Symptoms:

A. Must meet one of the following:

1. Description of inversion; **or**
2. Hyperextension injury with ecchymosis or swelling

AND

III. Physical Findings:

A. Must meet the following:

1. Positive anterior drawer; **and**
2. Grade 3 injury (lateral injury); **or**
3. Osteochondral fragment; **or**
4. Medial incompetence

AND

IV. Diagnostic Testing:

A. Abnormal test results of the following:

1. Negative to minimal arthritic joint changes on x-ray; **and**
2. Positive stress x-rays identifying motion at the ankle or subtalar joint, at least 15° lateral opening at the ankle joint; **or**
3. Demonstrable subtalar movement

AND

COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF INDUSTRIAL ACCIDENTS

REVIEW CRITERIA
EFFECTIVE JULY 1, 1993

Page Two
Criteria Number 18

V. Failure to improve with conservative treatment with:

- A. Immobilization with support cast or brace; **or**
- B. Rehabilitation program
- C. For either of the above, the time frame will vary dependent on the severity of the injury/trauma.

VI. Special Instructions:

- A. *None*

VII. Level of Care Required:

- A. *Outpatient or Inpatient depending on patient*